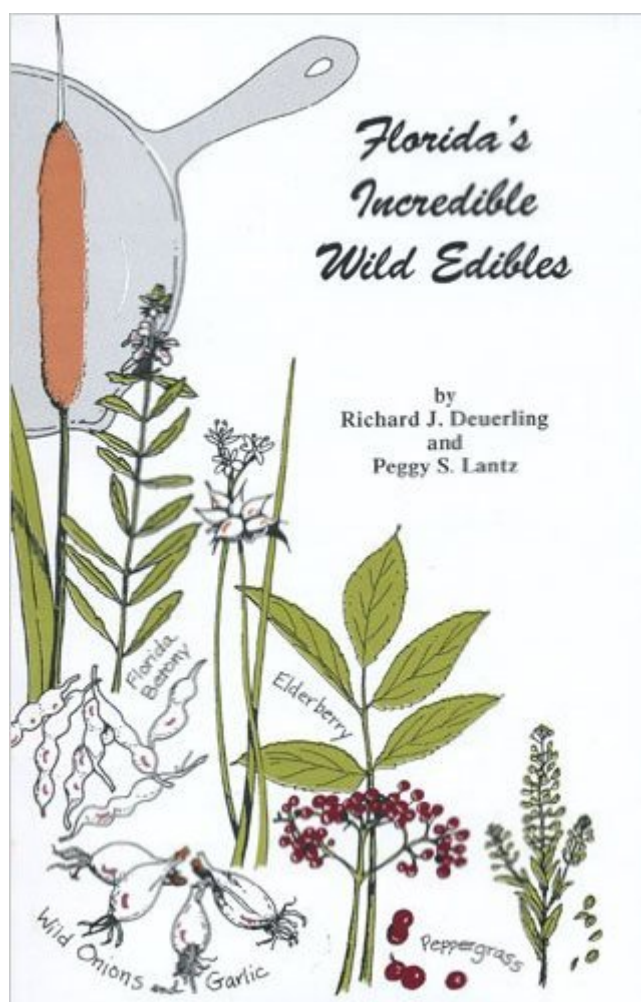


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# Florida's Incredible Wild Edibles



## Synopsis

Florida's varying habitats are blessed with a wide variety of native plant species. These have roots, stems, leaves, flowers, fruit, and seeds that provide good and interesting food for people. All of these plants, if we are to enjoy eating them, need identification and interpretation, which this book provides. This illustrated book has descriptions, recipes and notes for many different plants. From "Dandelion Dip" to "Elderflower Champagne," the authors have found the woods and fields to be a table always spread.

## Book Information

Paperback: 72 pages

Publisher: Florida Native Plant Society; Reprint edition (January 1993)

Language: English

ISBN-10: 188525802X

ISBN-13: 978-1885258021

Product Dimensions: 0.5 x 7.2 x 4.8 inches

Shipping Weight: 12.6 ounces (View shipping rates and policies)

Average Customer Review: 3.8 out of 5 starsÂ Â See all reviewsÂ (75 customer reviews)

Best Sellers Rank: #176,601 in Books (See Top 100 in Books) #29 inÂ Books > Crafts, Hobbies & Home > Gardening & Landscape Design > By Region > South

## Customer Reviews

The author is based in Orlando and so most of what he writes about is from central Florida and north. There are a few plants that are statewide, but many of the wonderful southern Florida plants are omitted. He did include the coconut, which isn't native, but he didn't include the sea grape or the cocoplum, both of which are native. If I had a dollar for every time he said a plant grows as far south as central Florida, he would have had to pay me to buy the book. A better, more accurate title for this book would be: NORTH AND CENTRAL FLORIDA'S INCREDIBLE WILD EDIBLES. If you live in south Florida, and that only includes a few million readers, don't bother with this book.

Florida's Incredible Wild Edibles is a wonderful little book(let) filled with informative tidbits, yummy-sounding recipes, and lists of pretty much every wild edible plant that grows in Florida. It is interesting and witty, and really makes one want to go out and harvest edible plants right now!The book groups the wild edibles into categories such as salad greens, pot herbs (must be cooked before eating), nuts, teas/beverages, etc. All plants are listed with their common names along with

their scientific names, which is extremely helpful when looking up pictures in a field guide. Another plus is that the author tells us where in Florida these plants grow (North, Central, South). It is important to note, however, that if you are new to harvesting wild plants, you may be a little disappointed at the lack of pictures/drawings/descriptions. This book is NOT a field guide, and plainly states so. It is meant to be used along with a good field guide book (such as Peterson's), or a human field-guided tour/weed-walk. Overall, great little book about nature's fine and free dining in Florida. Two thumbs up! :-)

Based on the title (I know, I know) I thought this would be a recognition guide for Florida's wild edibles. It is to some extent, but it's better thought of as a cookbook for Florida's wild edibles. In that, however it excels. Recommended if you already are familiar with Florida's wild edibles and want to learn to enjoy them more, but if you're just starting to learn you'll probably need to start with something a little more basic (and perhaps in color).

Florida's Incredible Wild Edibles The book has only black and white drawings, info was limited and difficult. Very disappointed. It was difficult to identify plants with black and white drawings. Should have been photos of plants

I just took a foraging class with Green Deane--and I took this book. We got to discussing the lack of Florida-specific literature. Most of the foraging books have Ohio as ground central. This makes for disappointing foraging particularly in South Florida :) Florida's Incredible Wild Edibles is one of the few that address this area. Also, if you are interested in foraging I highly recommend one of Green Deane's inexpensive classes. It helped me put a face on some of the plants described in this book that I was unsure of.

It's a good book with loads of info, but there's very few pictures to compare the plant to. And the pictures that they do have are all hand drawn as opposed to photographs. If you're actually using the book for its intended purpose, it's somewhat difficult without another source for comparison.

Not very useful for those of us in South Florida, but also lacking in quality drawings /or photos for identifying edible plants in any part of Florida. You can not learn to identify edible plants in Florida using this book. The book itself reads more like a series of "handouts" about various plants (but without images to help you identify them). All of the information in this book can be easily found

online. This was a disappointing purchase.

The wife bought a bunch of freeze dried stuff for the zombie apocalypse and now can't find it after our recent move. Thank goodness she also had the wisdom and foresight to purchase your book.pardon me.... What did you say, honey..... You can't find the book either... Well at least you found your 100 different diet books.sorry, I'm back. Never mind.

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